

THE
STEPPINGUP
INITIATIVE

CBHTF Webinar: Stepping Up Pennsylvania

Susie Fink, Gretchen Frank, Dr. Ashley Yinger |
November 15, 2022



Today's Agenda

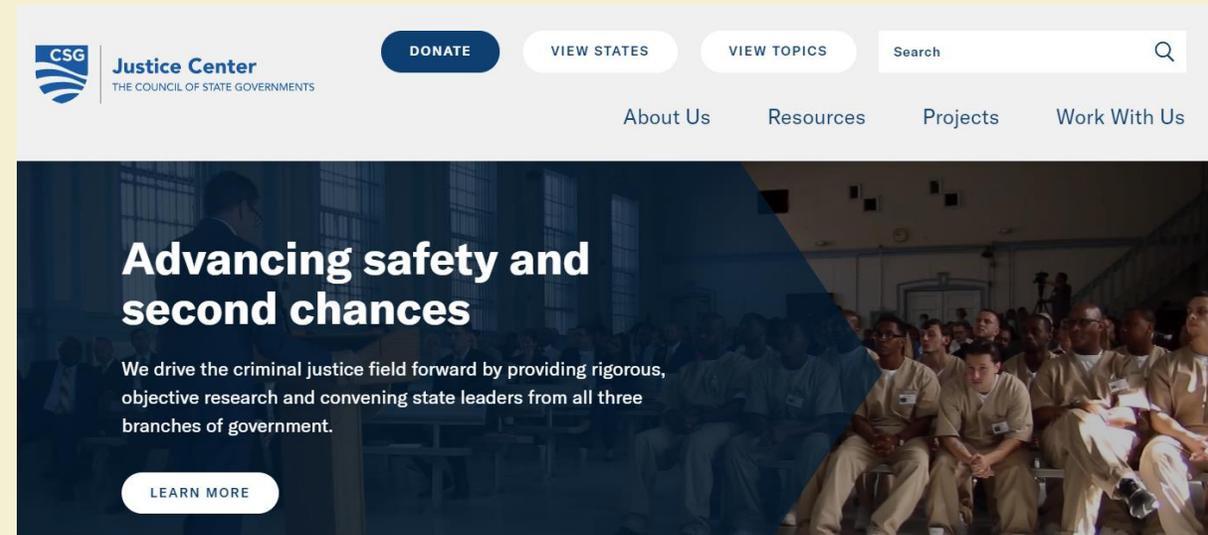
- Welcome and Introductions
- Overview of Stepping Up and PA TA Center
- Chester County
- Dauphin County
- Q&A

Speakers

- Susanne Fink, MHS, *Mental Health Diversion Specialist and CIT Coordinator, Chester County Department of MH/IDD*
- Gretchen Frank, JD, *Senior Policy Analyst, Behavioral Health Division, CSG Justice Center*
- Dr. Ashley Yinger, *Criminal Justice Programming Administrator, Dauphin County District Attorney's Office*

The Council of State Governments Justice Center

- Stepping Up partner along with the National Association of Counties (NACo) and the American Psychiatric Association Foundation (APAF)
- Justice Reinvestment
- Justice and Mental Health Collaboration Program



THE STEPPINGUP INITIATIVE

Stepping Up is a national initiative to reduce the number of people with mental illnesses in jails.



Justice Center
THE COUNCIL OF STATE GOVERNMENTS

AMERICAN
PSYCHIATRIC
ASSOCIATION
FOUNDATION

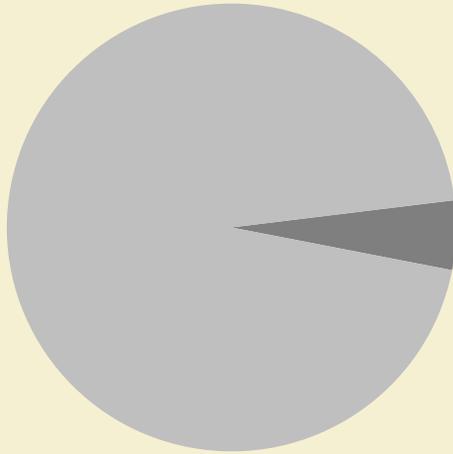


#StepUp4MentalHealth
www.StepUpTogether.org

Overrepresentation of SMI in Jails

General Population

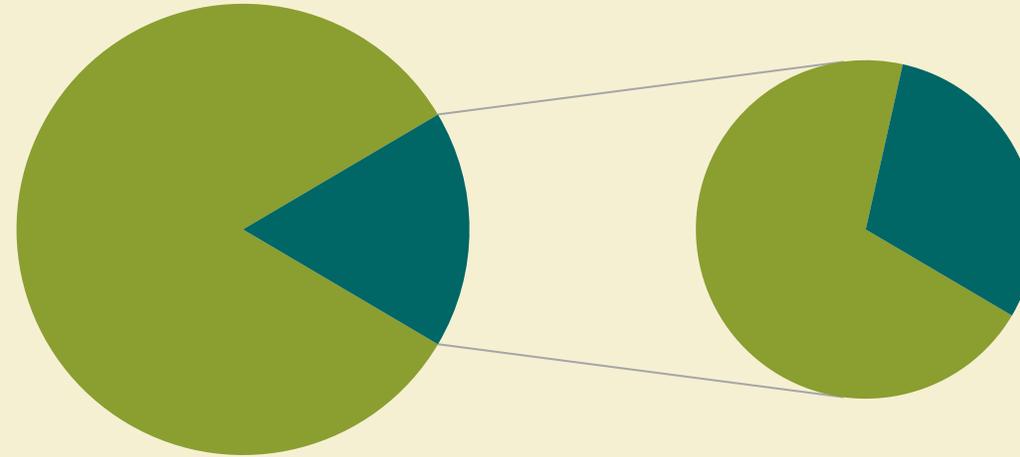
4% Serious Mental Illness



Jail Population

17% Serious Mental Illness

72% Co-occurring Substance Use Disorder



Henry J. Steadman et al., "Prevalence of Serious Mental Illness among Jail Inmates," *Psychiatric Services* 6, no. 60 (2009): 761–765; Center for Behavioral Health Statistics and Quality, *Key Substance Use and Mental Health Indicators in the United States: Results from the 2018 National Survey on Drug Use and Health* (Washington, DC: U.S. Department of Health and Human Services, 2019), <https://www.samhsa.gov/data/sites/default/files/cbhsq-reports/NSDUHNationalFindingsReport2018/NSDUHNationalFindingsReport2018.pdf>; Karen M. Abram and Linda A. Teplin, "Co-occurring Disorders among Mentally Ill Jail Detainees," *American Psychologist* 46, no. 10 (1991): 1036–1045.

Six Years AND COUNTING

More than **540** counties across **45** states have joined Stepping Up to reduce the prevalence of mental illness in jails.



48%

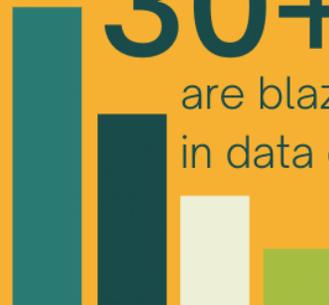
of Americans live in a Stepping Up county.



Approximately **2 million** times each year, people who have serious mental illnesses are booked in jails.



30+ Innovator Counties are blazing the trail in data collection.



5 states have launched statewide Stepping Up initiatives.



THE STEPPINGUP INITIATIVE

- Calls for a paradigm shift:
 - Move beyond programs and pilots to scaled impact and measurable reductions in the prevalence of mental illness
- No-nonsense, data-driven public management:
 - Systematic identification of mental illness in jails
 - Quantification of the problem
 - Scaled implementation of strategies shown to produce results
 - Tracking progress and adjusting efforts based on a core set of outcomes



JANUARY 2017

Reducing the Number of People with Mental Illnesses in Jail

Six Questions County Leaders Need to Ask

Risë Haneberg, Dr. Tony Fabelo, Dr. Fred Osher, and Michael Thompson

1

Is our leadership committed?

2

Do we conduct timely screening
and assessments?

3

Do we have baseline data?

4

Have we conducted a
comprehensive process analysis
and inventory of services?

5

Have we prioritized policy,
practice, and funding
improvements?

6

Do we track progress?

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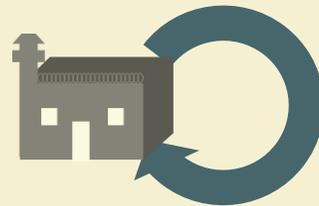
1. Reduce the number of people with mental illnesses booked into jails



2. Shorten the length of stay in jails for people who have mental illnesses



3. Increase connection to treatment for people who have mental illnesses



4. Reduce recidivism rates for people who have mental illnesses

Prioritizing System Improvements

1.

Jail Bookings

- Police-Mental Health Collaboration programs
- CIT training
- Co-responder model
- Crisis diversion centers
- Policing of quality-of-life offenses

2.

Jail Length of Stay

- Routine screening and assessment for mental health and SUDs in jail
- Pretrial mental health diversion
- Pretrial risk screening, release, and supervision
- Bail policy reform

3.

Connection to Treatment

- Expand community-based treatment and housing options
- Streamline access to services
- Leverage Medicaid and other federal, state, and local resources

4.

Recidivism

- Apply Risk-Need-Responsivity principle
- Use evidence-based practices
- Apply the Behavioral Health Framework
- Specialized probation
- Ongoing program evaluation

PA Stepping Up TA Center

- The TA Center is funded by the Pennsylvania Commission on Crime and Delinquency, administered by the CSG Justice Center.
- There are 35 counties that have passed resolutions in support of Stepping Up in PA.
- 24 counties are currently participating in the TA Center.



Counties currently participating in the TA Center: 24

- Allegheny County
 - Armstrong County
 - Berks County*
 - Blair County
 - Bucks County
 - Carbon County
 - Chester County*
 - Centre County
 - Cumberland County*
 - Dauphin County*
 - Franklin County
 - Indiana County
 - Lancaster County
 - Lehigh County
 - Mercer County
 - Montgomery County*
 - Northampton County
 - Northumberland County
 - Philadelphia County*
 - Potter County
 - Tioga County
 - Washington County
 - Wayne County
 - York County
- * Indicates Stepping Up Innovator Counties*

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Strengthening Responses to People with Behavioral Health Needs and Reducing Justice Involvement through Stepping Up

Susanne Fink | Chester County | November 15, 2022



Stepping Up is a national initiative to reduce the number of people with mental illness in jails



Our commitment has Stepped Up the many relationships, programs, and processes Chester County already had in place!



Chester County completed a cross-systems mapping process

- Looking closer at each intercept in the sequential intercept model.
- Stakeholders across the Chester County saw what we do well, and
- Identified areas in need of further intervention and diversion

CIT—a National Model, Customized for Chester County: Intercept 1

Comprehensive—40 hours or 1 full week that includes

- Officers who have been trained as instructors
- Community partner instructors
- Crisis Intervention Services and other providers

Crisis Intervention Team (CIT) Training in Chester County

Steering Committee

- Community partners (NAMI, hospitals, Valley Creek Crisis)
- Criminal justice partners (DA, PD, DES, MDJ)
- Law enforcement officers and chiefs
- Chester County department representatives

The First CIT class in Chester County – 2017

Since then, we have trained 250 law enforcement officers and other criminal justice partners:

- Police officers (local and state)
- Correctional officers
- Sheriffs
- Adult probation officers



Crisis Intervention Team (CIT) Training in Chester County has expanded:

Emergency Medical Technicians (EMTs)

- Emergency Department procedures with local hospital and crisis intervention center
- Personality disorders
- Trauma, PTSD, vicarious trauma
- Verbal De-escalation

911 Dispatchers

- Abbreviated one-day training, very similar to the EMT Training

New Positions Created through Stepping Up

Mental Health Diversion Specialist in 2019:

- Serves as the County Stepping Up coordinator
- Serves as the County Crisis Intervention Team Training Coordinator
- Works collaboratively with the Mental Health Recovery Court Team partners
 - MHC started in Chester County in 2008 (Intercept 1)
 - Collaborative efforts of Cross Systems Departments to address the needs of individuals with Serious & Persistent Mental Illness.
- Works collaboratively with the Chester County Law Enforcement and Police Chiefs Association

New Positions Created through Stepping Up (cont.)

Cross-System Coordinator in 2020

- Working with the SMI population to link them to community-based services and supports, promoting successful community tenure, and decreasing the likelihood of recidivism.
- Developing, implementing, and supporting cross-system collaboration across spectrum of services and supports and the criminal justice system.
- Located at Chester County Prison

New Programs Created through Stepping Up Mental Health Assessor at the Magisterial District Court's in 2022

- This program is focused in the intercept 2 area to divert individuals with minor crimes who have mental health conditions from the County Jail.
- The MH Assessor will assess individuals to determine MH needs and level of care recommendation to report back to the MDJ to be made part of their bail modification.
- This program began in June and is made possible through PCCD grant opportunity.
- We recently expanded to our third MDJ.

Chester County—Innovator County

Chester County is recognized as a Stepping Up Innovator County. This means we have met the standards below:

- Uniform definition of Serious Mental Illness (SMI) used throughout local criminal justice and behavioral health systems
- Validated mental health screening tool on every person booked at Chester County Prison and refer people who screen positive for symptoms of SMI to a follow-up clinical assessment
- Record clinical assessment results and regularly report on this population

Integrated Data Sharing Site

- Contracted with Allegheny HealthChoices, Inc. to create the Chester County Dashboard.
 - Now housed in house through our DCIS Department
- Scope of the dashboard is to capture jail incarcerations in Chester County and its HealthChoices Behavioral Health related services.
- Current partners sharing data:
 - Chester County Mental Health
 - Chester County Drug & Alcohol
 - Chester County Prison
 - Chester County Adult Probation

Upcoming/New Initiatives for Chester County

988 Implementation, Building a Crisis Response System

- Hired an independent consultant to complete a crisis services asset mapping process to address the changing needs of our community as it relates to 988.
- Implementation of a Mobile Response Team

Law Enforcement Treatment Initiative: LETI

- Started in Chester County in March of 2022 (Intercept 1).
- Since the inception we have had over 50 referrals from Law Enforcement & MDJ's for the various tracks.

Dauphin County

Diversionsary Initiatives and Criminal Justice System Treatment Programming

Dr. Ashley Yinger | November 15, 2022

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Event Purpose

Criminal Justice System Overview

- Discuss county goals and priorities specifically for the justice system.
- Describe review process (from the inside out) undertaken to date, major initiatives, challenges, and opportunities related to treatment.
- Discuss main findings, recommendations, programs, and next steps (to include community involvement).

The Criminal Justice Advisory Board (CJAB)

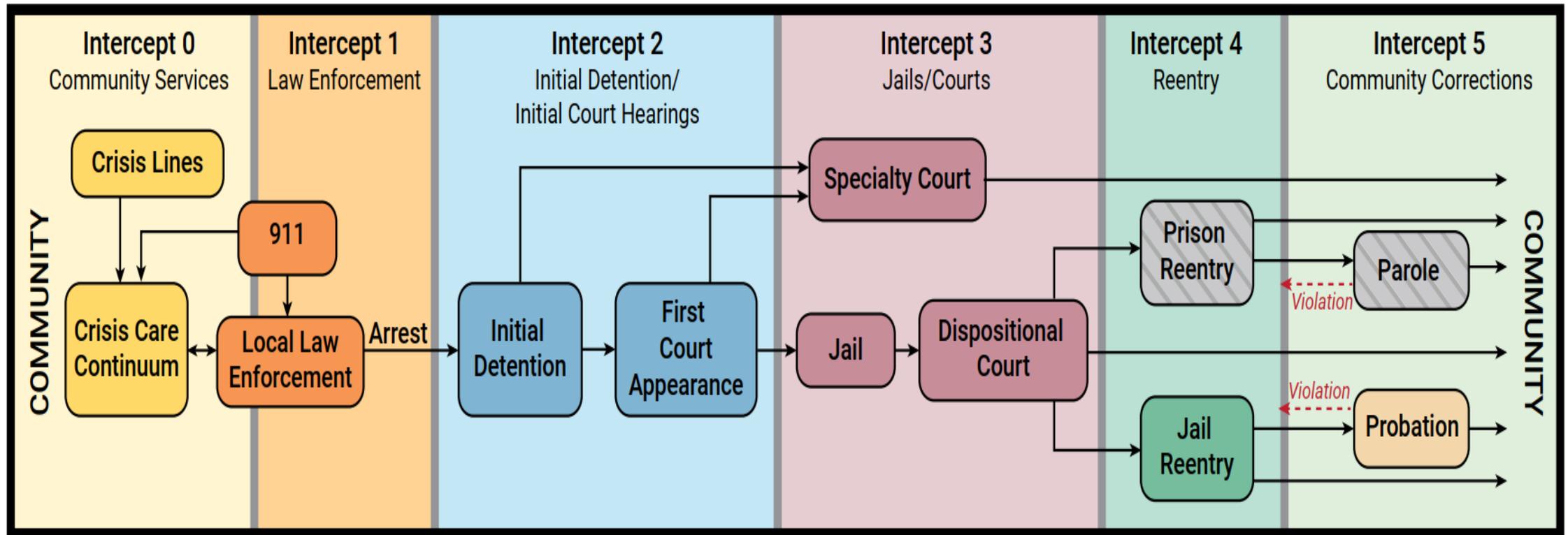
- Purpose:
 - *“The mission of the Dauphin County Criminal Justice Advisory Board (CJAB) is to enhance the criminal justice system and public safety through a collaborative and targeted approach which prioritizes the support of evidence-based practices and innovative strategies while maintaining fiscal responsibility and maximizing outside resources.”*
- Membership
- Stepping Up initiative

System Changes – By the Intercept

- The Sequential Intercept Model is a framework to provide the criminal justice system with a visual map of key points in its processes.
- The map allows practitioners to document available diversion points and programs at each intercept that may alter the course a person takes within the system.

Sequential Intercept Model

The Sequential Intercept Model



The Sequential Intercept Model, *Policy Research Associates*, accessed February 22, 2022, <https://www.prainc.com/sim/>

General Diversion Goals

- Improve outcomes for people currently involved in the county criminal justice system.
- Prevent further penetration into the justice system, as well as reduce recidivism.
- Use fiscal and other resources wisely by reserving most restrictive setting (jail) for those who present serious risk to public safety.
- Begin early identification of at-risk individuals to link them with services and supports.

Dauphin County Intercept Programming

- Intercept 0 – Community Services
- Intercept 1 – Law Enforcement
 - Law Enforcement Treatment Initiative (LETI)
 - The Dauphin County Law Enforcement Treatment Initiative is a harm-reduction approach that seeks to accomplish the goals of reducing criminal behavior and improving public safety by connecting individuals suffering from a substance use disorder with treatment and other community resources (2020).



Intercept Programs (cont.)

Intercept 1 – Law Enforcement

- Crisis Intervention Team (CIT) Trained Officers
 - CIT programs bridge the gap between police response and mental health care by forming community partnerships (2019)
- Police Co-responders
 - Mental health professional embedded with law enforcement officers based out of the District Attorney's Office (2020)
- Behavioral Health Unit (BHU)
 - Assistant District Attorney (2020)

Intercept Programs (cont.)

Intercept 2 – Initial Detention/Initial Court Hearings

- Pretrial Risk Assessment – Allegheny Risk Screen (Late 2018)
- Diversion Specialists – Screening at Booking Center (2019)
 - Brief Jail Mental Health Screen
 - Texas Christian University (TCU) Drug Screen V
 - Texas Christian University (TCU) Drug Screen V – Opioid Supplement
 - (*Recovery Connections Court – RCC – Referrals)
 - (*Team MISA - Referrals)

Intercept Programs (cont.)

- Recovery Connections Court (RCC) (April 2021)
 - RCC is a presentencing diversionary program designed to ensure that individuals who enter the criminal justice system and who have a substance use treatment need are
 - 1) Connected to services quickly, and
 - 2) Provided with appropriate court-related supervision to reduce risk of overdose while pending case resolution.
- Problem-Solving (aka Treatment) Courts – Mental Health Court, Drug & Veterans Court

Intercept Programs (cont.)

- Intercept 2 – Initial Detention/Initial Court Hearings
 - Bail Review Team (Reorganized in 2018)
 - Team MISA (March 2019)
 - Cross-system collaboration/case planning for pretrial diversion/upcoming court
- Intercept 3 – Jails/Courts
 - DUI Repeat Offender Program (DROP) (2018)
 - Jail-Based Intensive Outpatient Program (2018)
 - DCP Universal CJ Program Screening Form (2021)

DCP Screening Form

Criminal Justice Treatment Program Checklist

Please use this checklist as a quick referral match for criminal justice system treatment programming. Please send this list to the District Attorney's Office along with the name and date of birth of the person being referred for a criminal justice treatment programming intervention.

SEND TO: Vienna Vasquez vasquez@dauphinc.org ; Marisa Miller mkmiller@dauphinc.org
Ashley Yinger ayinger@dauphinc.org ; Catharine Kilgore ckilgore@dauphinc.org

Referral Considerations

Name: _____

DOB: _____

DCP #: _____

To be Completed at DCP	Yes	No	Don't Know
Drug & Alcohol Screening - Moderate or Severe Use Disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Drug & Alcohol Screening - Scored Low, but Assess Further	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mental Health Screening - Presence of MH Needs (SMI)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mental Health Screening - Presence of MH Needs (non-SMI)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Placed in the Detox Unit at DCP	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High Risk on Pretrial Risk Screening	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DUI Charges	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
New Docket (Open)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
APO Detainer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other Bench Warrant	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Provided a Dauphin County Address	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Homeless	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Person states that s/he has served in the US Military	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

NOTES: _____

Absolute Disqualifying Charges:

- Aggravated Indecent Assault
- Arson (and related offenses)
- Assault of Law Enforcement Officer
- Assault by Life Prisoner
- Assault by Prisoner
- Drug Delivery Resulting in Death
- Indecent Assault
- Incest
- Involuntary Deviate Sexual Intercourse
- Murder
- Rape
- Sexual Abuse of Children
- Sexual Assault
- Sexual Exploitation of Children
- Statutory Sexual Assault
- Theft by Extortion
- Unlawful Contact with Minor
- Voluntary Manslaughter
- Kidnapping

Potential Disqualifying Charges (Case-by-Case Review):

- Aggravated Assault

Process/Program Samples

- Intercept 4 – Reentry
 - Coordination with Reentry Service organizations (Capital Region Ex-Offenders Support Coalition – CRESC)
 - Work Release
 - Probation Services
 - Severe Mental Health Cases Reentry Coordinator
- Intercept 5 – Community Corrections
 - Specialized Caseloads (Probation Services)
 - Utilization of the ORAS for Case Planning

Moving Forward

- Evidence-based practices (EBP) as foundation for all work
- Implications for community and provider engagement
- Monitor impact of programming changes

Questions/Further Information

Dr. Ashley Yinger

Dauphin County Criminal Justice Programming Administrator

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(717) 780-6767

Questions and Answers



Thank you!

Join our distribution list to receive updates and announcements:

<https://csgjusticecenter.org/resources/newsletters/>

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