

Criminal Justice System Best Practice Awards – Partners

Name/County Nominator: Mr. John F. Corr, M.S., Bucks County Youth Center

Address: 1750 S. Easton Rd.

City, State, Zip Code: Doylestown, PA 18901

Title: Director

Contact Phone: 215-340-8329

PARTNER INFORMATION

Name of Nominee: Zane Moore

Title of Nominee: President/CEO Central Bucks Family YMCA

NARRATIVE

Enter narrative that explains the following:

Contributions – Discuss the contributions the nominee has made to improving county corrections or juvenile justice at the local, regional, or state level

The Central Bucks Family YMCA (CBFYMCA) has provided on-site membership for adjudicated delinquents from both the Bucks County Youth Center (BCYC) and the Community Service Foundation (CSF) since 1998. BCYC operates a public, twenty-bed, non-secure, residential program called the Residential Services Unit (RSU). CSF operates day treatment alternative schools and foster home programs. Both agencies serve the Bucks County Court of Common Pleas, Juvenile Division in the juvenile justice system's continuum of care. Residents of both agencies are extended memberships through CBFYMCA to enjoy full access to recreational and health/wellness programs at the facility. In 2017 RSU residents participated in 294.5 hours of total physical activity at CBFYMCA.

In 2017, CBFYMCA approached BCYC and CSF about creating a grant-funded project to "train" residents of our institutional programs to participate in training for, and completing, the annual CBFYMCA "Y Run 5k Race/Walk" on May 18, 2018 at Delaware Valley University, Doylestown, PA. The model of the program was to utilize a "Couch to 5k" training program on a weekly basis from February, 2018 until the event. While program staff members accompanied residents to the facility, the training itself was led by a group of volunteers from the community led by Mrs. Sharon Schanbacher. The program was supported by a grant from the community, non-profit Today, Inc. foundation of Langhorne, PA. The program was titled the "NORM Running Program."

Promotion of best practices – Explain how the program has knowingly or unknowingly promoted the goals of the best practices program

The objectives of the program were to provide opportunities for institutional residents to engage in an active healthy lifestyle, to teach residents appropriate and healthy options for stress and anger

management, to create a sense of normalcy by engaging youth in volunteer activities within the CBFYMCA community, and to develop and nurture a sense of accomplishment and pride by creating and obtaining a fitness goal. The program’s success was measured by using pre and post fitness testing at the CBFYMCA and by participation/completion of the event. Ten residents of the RSU completed the goal of 100% participation in the “Couch to 5k Training Program” from February, 2018 to the completion of the CBFYMCA “Y Run 5k Race/Walk” on May 18, 2018 along with program staff members and our community volunteer leaders. Due to the success of the initial program that the training program was renewed with a new cohort of RSU/CSF residents and volunteers during summer of 2018 culminating in a similar sized group completing the “2018 Travis Manion Foundation 9/11 Heroes Run” on September 23, 2018. Funding through the Today, Inc. Foundation was renewed in 2019 for spring and summer programming. Programs that instill pro-social, wellness, sober, and normalizing activities are best practice goals for community-based, juvenile justice institutional programs. We believe that Central Bucks Family YMCA should be awarded for their efforts to partner with our county’s public and private juvenile justice programs to provide the support, resources and assistance to advance our missions.

Supporting Documents

2017 RSU Residents Physical Health Measures

Measure	ADMIT Wt. (lbs.)	ADMIT BPM	ADMIT BP	ADMIT BMI	CURRENT Wt. (lbs.)	CURRENT BPM	CURRENT BP	CURRENT BMI
Male	172	87	122/77	25%	176	78	121/79	25%
Female	157	86	117/71	27%	165	84	116/73	28%
Average	165	86	119/76	26%	171	81	118/76	26%

Physical health is a concern for youth placed in institutional juvenile justice settings. The perception is that youth are at risk for physical harm from peers and staff persons, and are inactive. RSU residents were measured by Primecare Medical, Inc. for height, weight, resting pulse, blood pressure (BPM), and body mass index (BMI) upon admission and then re-evaluated in thirty day increments up to release. There were no clinically significant differences between residents’ measurements as a total population or by gender. The average follow-up BMI for all RSU residents in 2017 was 26% which is between the 50th and 75th percentile for both male and female adolescents aged sixteen.

2017 RSU YLS/CMI Scores Admission/Release (Close) & Historic (Total) Admission/Release (Close)

Measure	PCO	FC/P	E/E	PR	SA	L/R	P/B	A/O	Total
2017 Admit	1.26	3.65	3.22	3.17	2.087	1.96	3.52	2.52	21.39
Total Admit Avg.	1.14	3.07	2.42	2.68	1.83	1.75	2.78	1.69	17.35
2017 Close	1.61	3.28	1.00	3.11	1.72	1.61	2.89	1.28	16.50
Total Close Avg.	1.68	2.79	0.76	2.76	1.39	1.18	2.42	0.89	13.89
Low	0	0-2	0	0-1	0	0	0	0	0-8
Moderate	1-2	3-4	1-3	2-3	1-2	1	1-4	1-3	9-22
High	3-5	5-6	4-7	4	3-5	2-3	5-7	4-5	23-34
Very High	X	X	X	X	X	X	X	X	35-42


The Youth Level of Service/Case Management Inventory (YLS/CMI) is a valid and reliable assessment instrument used by the Bucks County Juvenile Probation Office (BCJPO) to measure a youth's risk of recidivism and treatment needs in eight domains: Prior and Current Offenses (PCO), Family Circumstances/Parenting (FC/P), Education/Employment (E/E), Peer Relations (PR), Substance Abuse (SA), Leisure/Recreation (L/R), Personality/Behavior (P/B), and Attitudes/Orientation (A/O). The YLS/CMI generates a "total score" as well. The instrument provides information to juvenile justice professional to determine appropriate levels of supervision, establish measurable and case-specific goals, and to direct system resources to achieve effective outcomes for juveniles, their families and our communities. The instrument is a central component of the Commonwealth of Pennsylvania's Juvenile Justice System Enhancement Strategy (JJSES) and utilized by most of the state's juvenile probation departments. A product of the YLS/CMI is a case plan (supervision plan) which directs the goals and activities of an individual resident at the RSU through an Individual Service Plan (ISP). The RSU has been evaluated by the Bucks County Juvenile Probation Office and the EPIS Centers at Penn State University using the Standardized Program Evaluation Protocol (SPEP) and found to be an effective program at reducing recidivism. This data reflects the reduction of recidivism risk by criminogenic need and total score in the 2017 cohort and historically.





Each application must be submitted with the signature of the nominating party.

Signatures can be entered electronically, or submitted via fax using a separate form. To sign, right-click on the signature line, select "Signature Setup" from the drop down, and follow the prompts. If submitting signatures on a separate form, enter "FAXING" on the signature line.

X  C.O.O.

Brian Messerhauer
(Enter Title) Chief Operating Officer

SUBMITTING YOUR ENTRY – To submit the entry, save a copy of this completed form after all information, including signatures and supporting materials have been added. When saving the form, please assure that the document name includes the county name, the type of project and the year – (i.e. FranklinPartnerAward2019). Address an email to bpenyak@pacounties.org and attach the award submission.